

A Fun Idea When Traveling With a Young One!

I remember clearly our first flight with our first child. We were new parents, we had a young child, and we had to fly to get to our destination. We were terrified that we were going to be “those” parents with the screaming child. So, we started to think about what we could do to make that flight more enjoyable for everyone. Jayde was only about 6 months old. There wasn’t a whole lot we could do for her other than let her eat and drink as much as possible! We did decide to make “Jayde Survival Kits” to hand out to everyone that was going to be sitting around us and the flight attendants. We used Ziploc baggies and address labels. I was a Mary Kay Consultant at the time. I filled the bag with make-up samples and candy! When we got on the plane, we handed them to everyone. I happened to be sitting my mostly men. They all laughed and then told me that I didn’t give them “their color”. I told them that they would just need to swap colors amongst themselves! I truly believe that Jayde could have screamed the whole way and no one would have cared! We made enough to pass out for both ways. On the return flight we did the same thing and everyone was again very kind. Only on the way back, our flight attendants brought us two barf bags that said “Mommy Survival Kit” and “Daddy Survival Kit” with a mini bottle of champagne in each! I don’t know that Jayde acted better because we handed these out, but I do know that it was a fabulous ice breaker and it calmed our first time parents flying with a baby nerves!

(A helpful hint: Since babies cannot chew gum during takeoff and landing, let them nurse or drink from a bottle. This will help their little ears adjust).